

Eating the ABCs



An alphabet book created by teachers in Northern Malawi

Level B

Eating the ABCs (Level B) Teaching Points Before the Read

High Frequency Word:

I eat

- **Picture Walk:** Allow time for children to sit as partners, look at each page, name the food. Suggest learners talk about what you know about each food.
- **Choral Chant:** The class chants the alphabet together a few times.
- **Statement:** Tell learners that letters come together to make words, words come together to make sentences. Open to any page in the book and ask a learner to point to a letter, next point to a word.
- **Conversation:** Guide learners in a conversation about what they like to eat. Describe/discuss a favorite food.

This book is lovingly dedicated to the children whose lives it enriches.

May it help them learn and grow wisdom and intelligence.
From the Peru Community Church, Peru, NY, USA.



This book is a joint project of the Mzuzu Area and Mzimba Area Teachers who worked to compose its content.

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Aa apple



I eat apples.

Bb banana



I eat bananas.

Cc carrot



I eat carrots.

Dd donuts



I eat donuts.

Ee egg



I eat eggs.

Ff fish



I eat fish.

Ii Irish potato



I eat Irish potatoes.

Jj jam



I eat jam.

Gg garlic



I eat garlic.

Hh honey



I eat honey.

Kk kiwi



I eat kiwis.

Ll lemon



I eat lemons.

Mm mango



I eat mangoes.

Nn nuts



I eat nuts.

Qq quince



I eat quince.

Rr rice



I eat rice.

Oo orange



I eat oranges.

Pp pea



I eat peas.

Ss soybean



I eat soybeans.

Tt tomato



I eat tomatoes.

Uu ugali



I eat ugali.
(nsima)

Vv vegetable



I eat vegetables.

Yy yam



I eat yams.

Zz zucchini



I eat zucchini.

Ww watermelon



I eat watermelon.

Xx extra



I eat extra
sweets.

6

7

Eating the ABCs (Level B) Teaching Points After the Read

- **Letter Work:** Teacher selects a letter needing extra practice. Write the letter on the board. Invite learners to name any word beginning with that letter. Write each word as the learner states it. Remind learners that what they are saying is the print on the board. Use Gradual Release Method to read the list.
- **Favorite Food Fun:** Invite learners to open their book to their favorite food. "Read your page to the person next to you. Next, have your friend read back to you." Talk about the food, "Do you both like it?" Select a pair of learners to read their pages to the class. Note that this activity can be repeated talking about new foods or foods you don't much like. This provides good oral conversation practice.
- **Expressive Art:** Provide crayons and cardboard or paper. Invite learners to draw a few of their favorite foods. Encourage them to label each food or write a sentence. These are good to post in the room and encourage children to "read around the room."

High Frequency
Word

I

eat